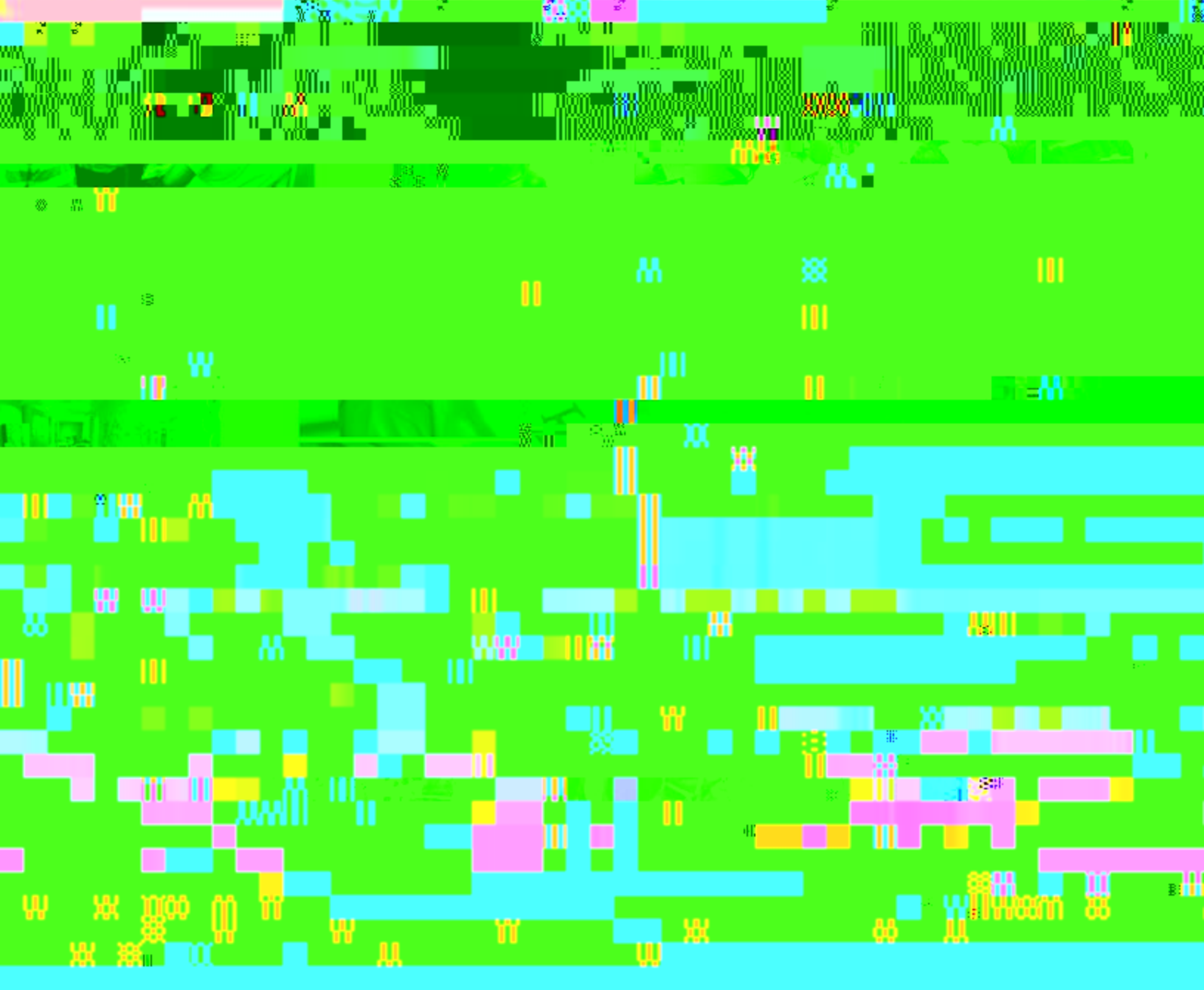


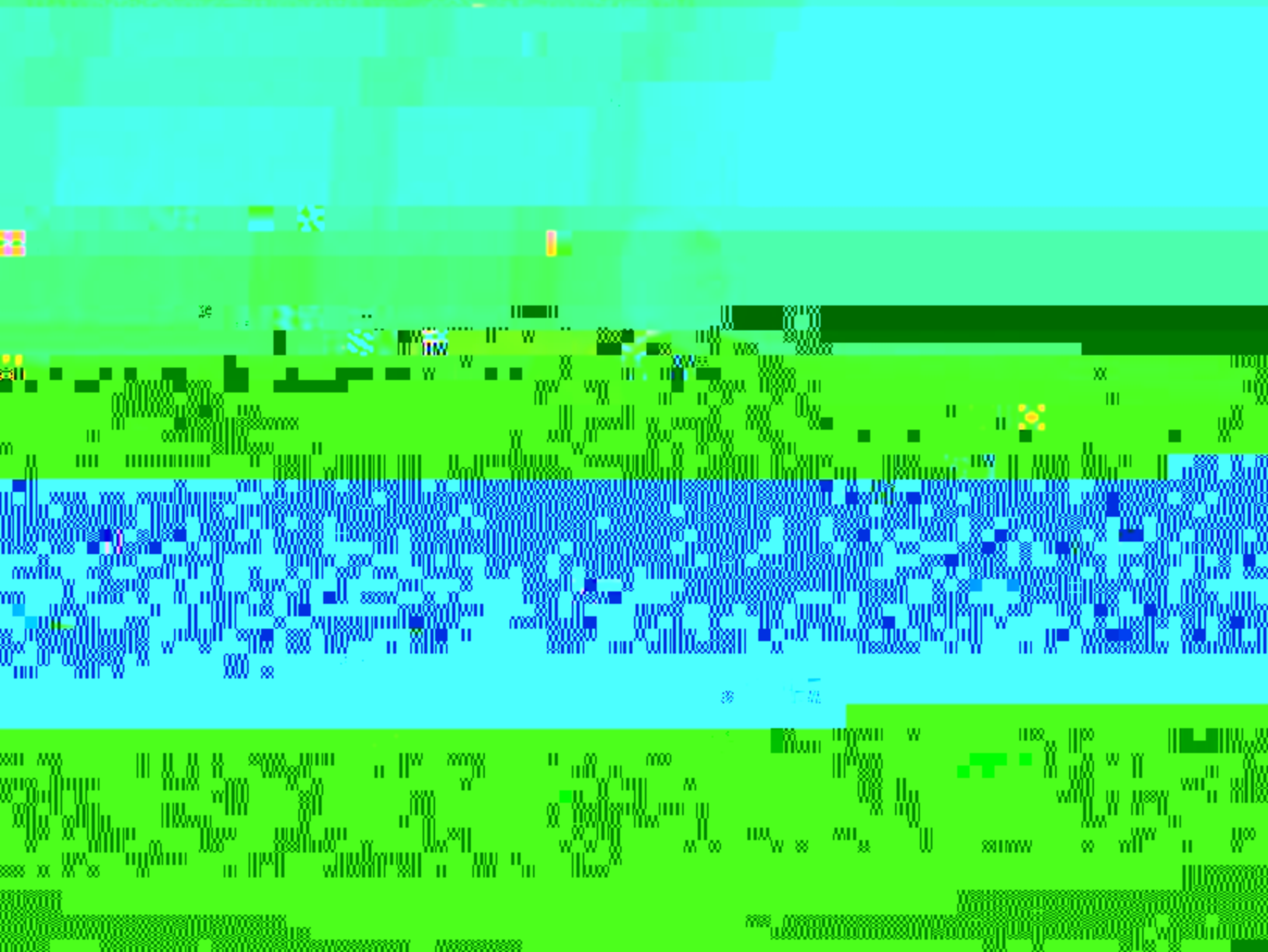
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Dr. A. Benjamin & Participants

18 Summer Camp Expedition

1890s-1900s Central Trench, University



# Dr. Benjamin, Presentation Camp Research Objectives

## Objective 1

To implement a culturally-specific nutrition education program in selected Black Belt Counties that will increase the consumption of fruits and vegetables, increase health literacy, and increase awareness of local food systems and markets.

## Objective 2

To document taste preferences for collard greens (fresh or cooked) at and near levels in African American children (4-10 years) from selected Alabama Black Belt counties and determine whether there is an association between these preferences and weight status.

## Objective 3

To determine nutrient composition for the dietary fiber-rich component in collard greens and examine the relationship among weight status and fiber intake and

To apply the results to determine appropriate United States guidelines.

## Objective 2

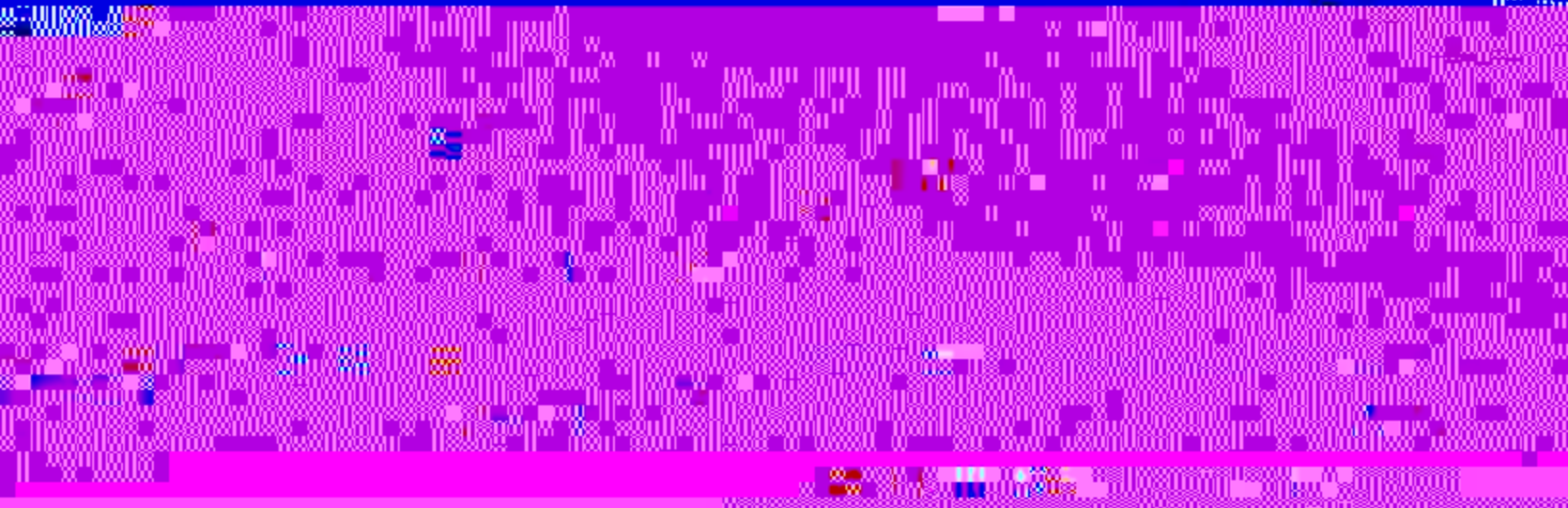
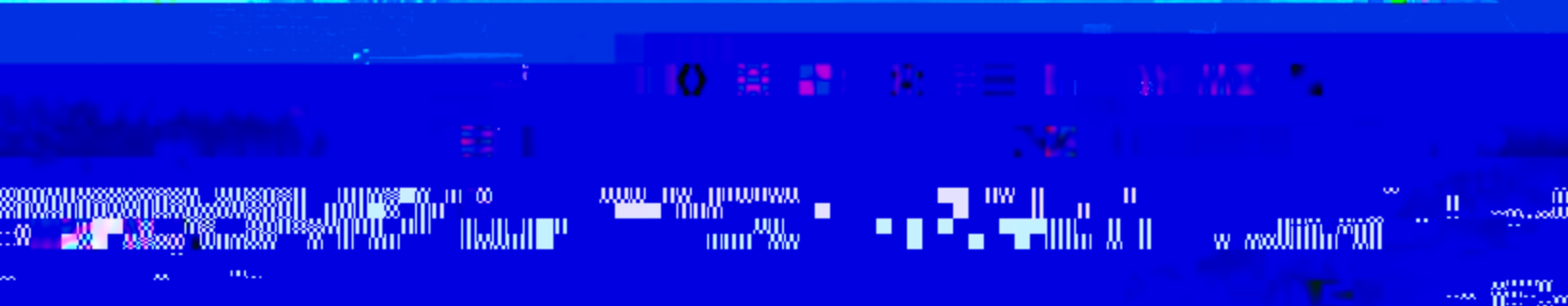
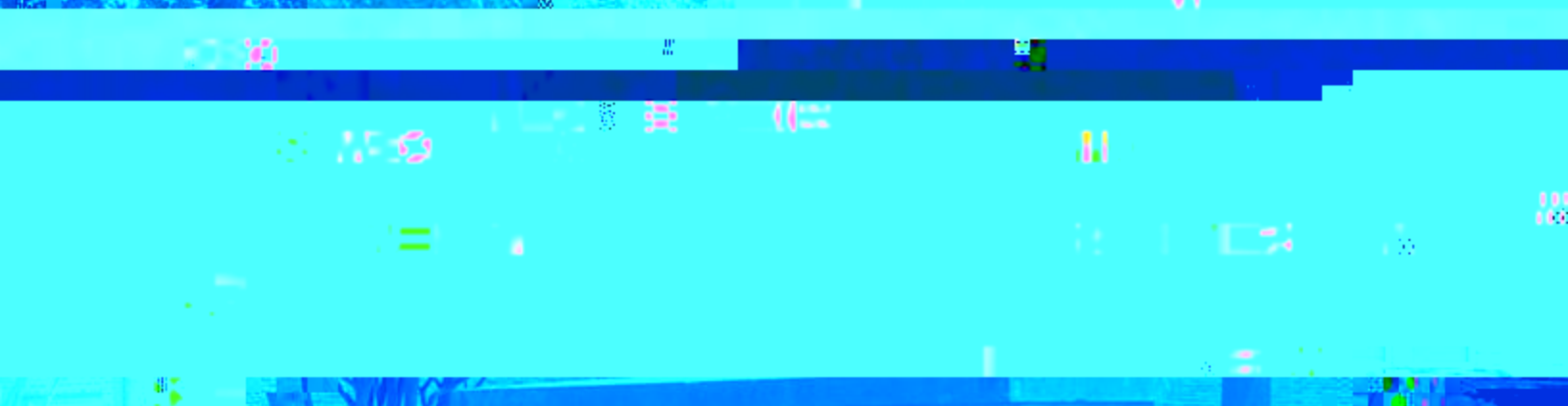
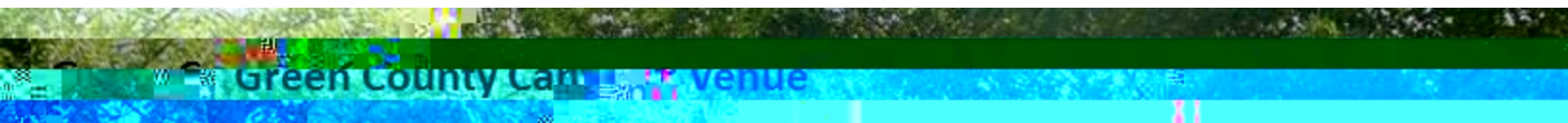
To document taste preferences for collard greens

# Cooperators & County Agents Training – Tuskegee University



## Operators & County Agents Training - Anthropometric Measurements





# Identity Specific Measurement

WILCOX  
FAMILY RESOURCE  
AND  
TRAINING CENTER

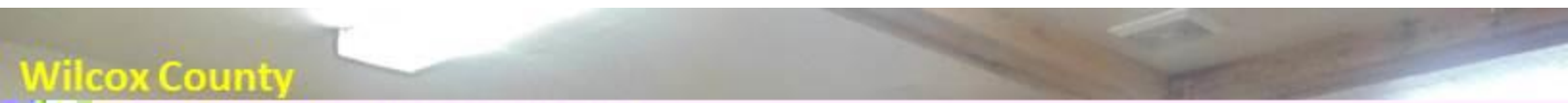
UAB

UAB HEALTH SERVICES

UAB

SUPER SIXERS





# Wilcox County

## Map of Wilcox County with 10 numbered locations for measurement





Abilene County Camp venue

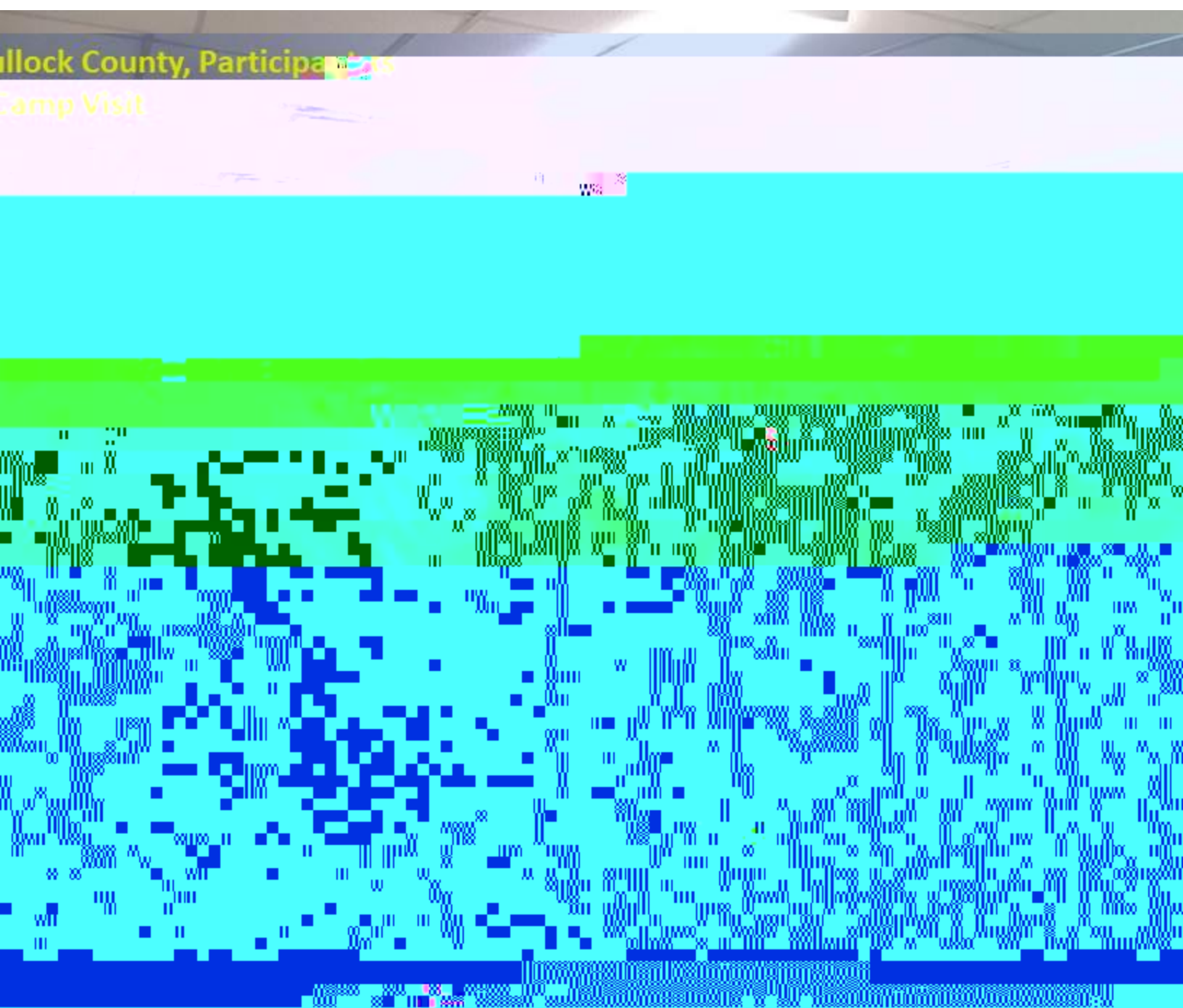
11/11/11

THE CITY OF

11

11

# Willock County, Participants Camp Visit



# Bullock County Food Frequency Questionnaire

Dear \_\_\_\_\_,

I am writing to you because we are interested in the eating habits of people in Bullock County. We are conducting a study to determine the relationship between diet and health. We would like to know how often you eat certain foods and how much you eat of each food.

We are interested in the following information:

- How often you eat each of the following foods:
- How much you eat of each food.

We would like to know how often you eat each of the following foods:

- Meat, poultry, fish, eggs, cheese, nuts, and seeds
- Beans, lentils, and soy products
- Milk, yogurt, and cheese
- Eggs
- Bread, pasta, rice, and other grains
- Vegetables
- Fruits
- Sugar-sweetened beverages
- Alcohol

We would like to know how much you eat of each food:

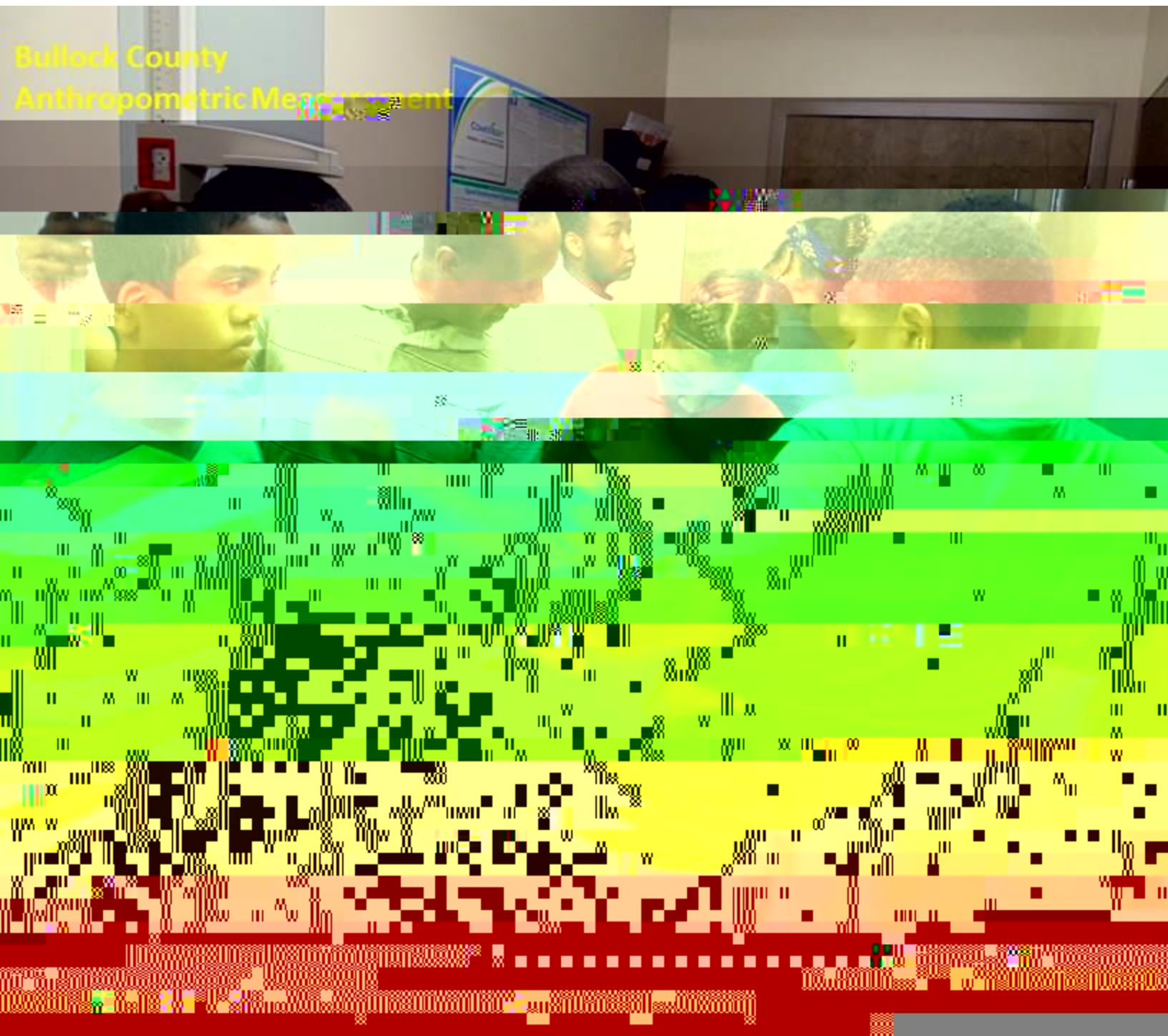
- Meat, poultry, fish, eggs, cheese, nuts, and seeds
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- Eggs
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- Vegetables
- Fruits
- Sugar-sweetened beverages
- Alcohol

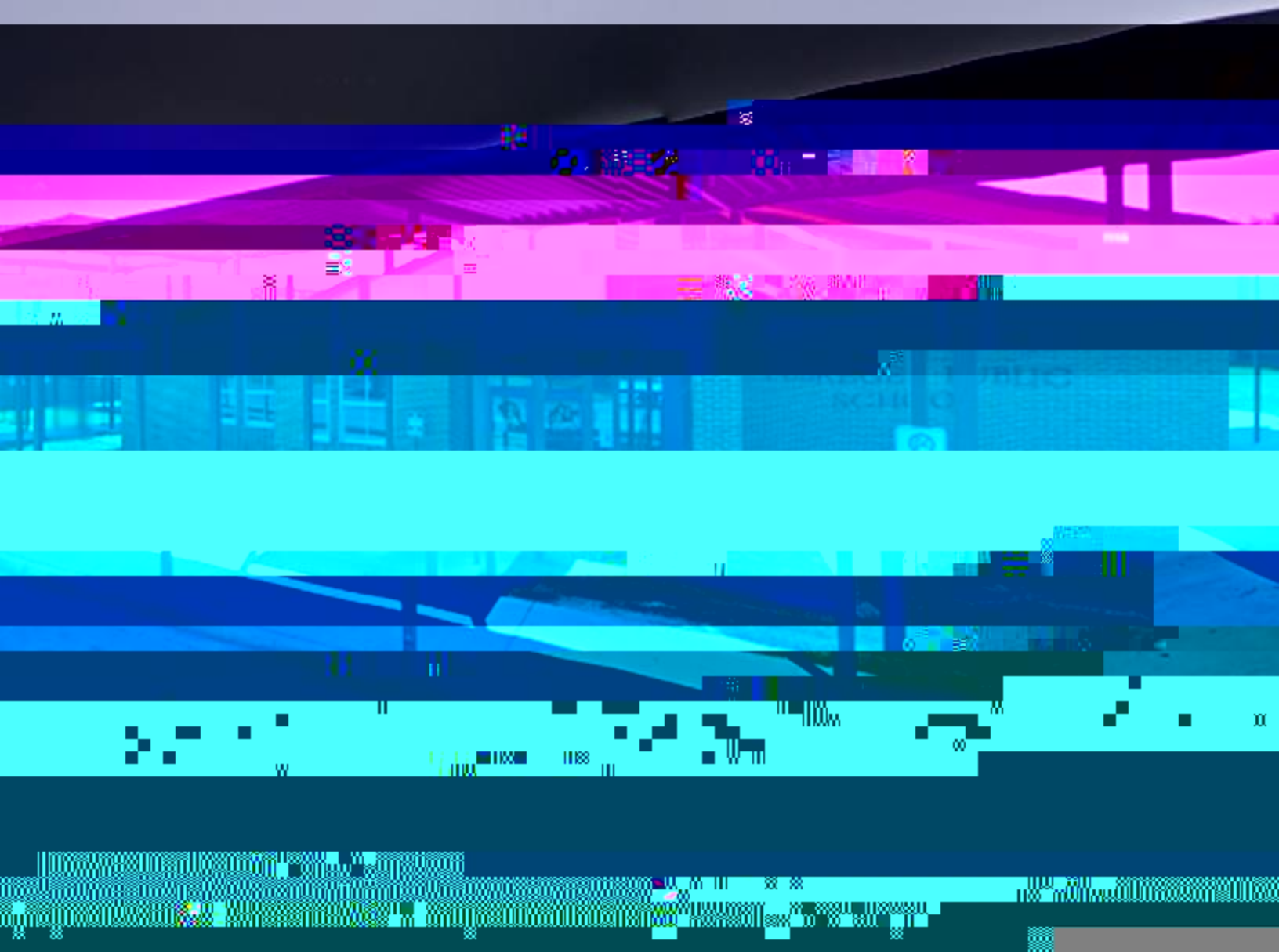
We would like to know how much you eat of each food:

- Meat, poultry, fish, eggs, cheese, nuts, and seeds
- Beans, lentils, and soy products
- Milk, yogurt, and cheese
- Eggs
- Bread, pasta, rice, and other grains
- Vegetables
- Fruits
- Sugar-sweetened beverages
- Alcohol



# Bullock County Anthropometric Measurement

# Macon County Camp Venue



# Macon County Anthropometric Measurement



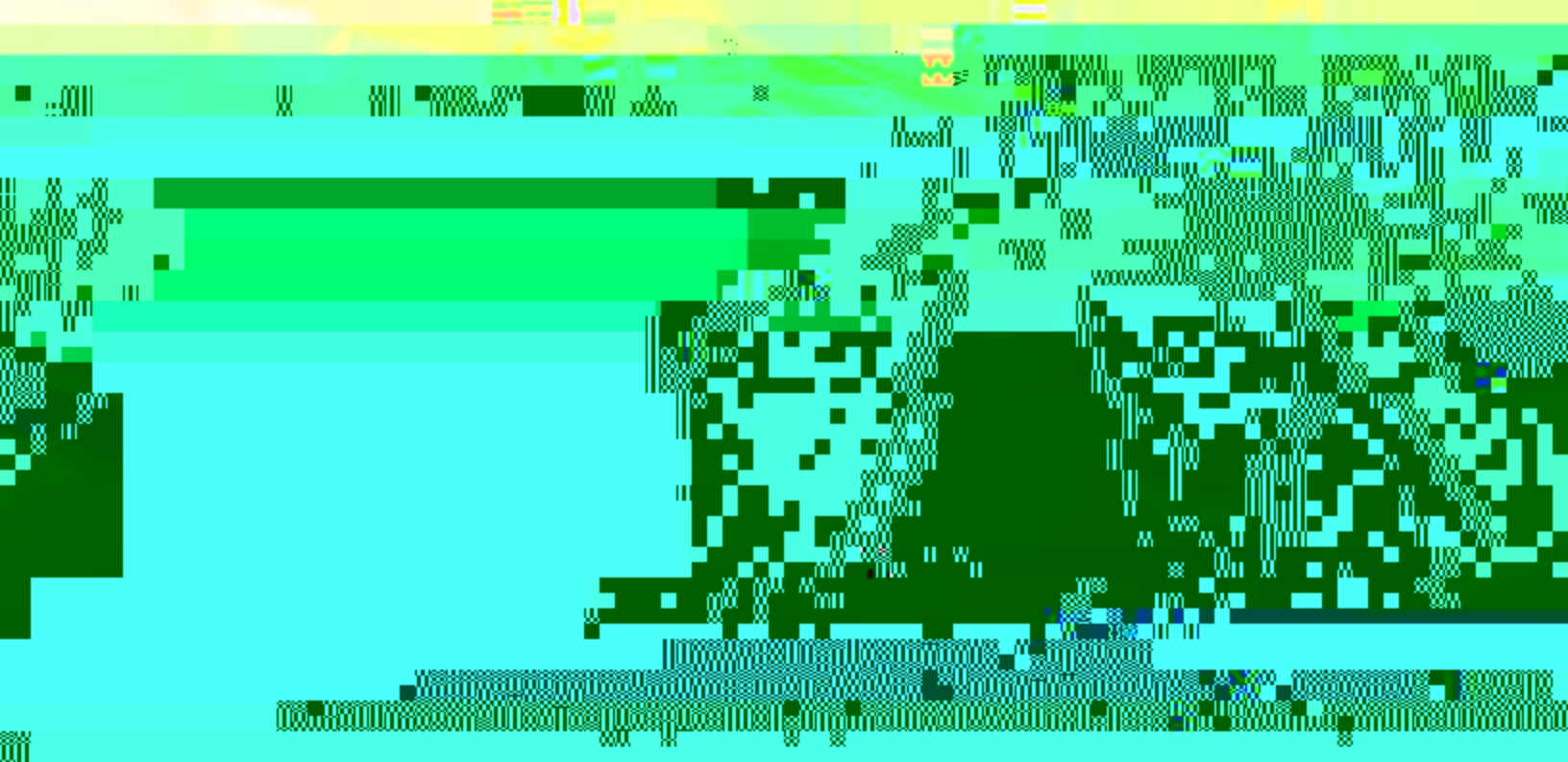
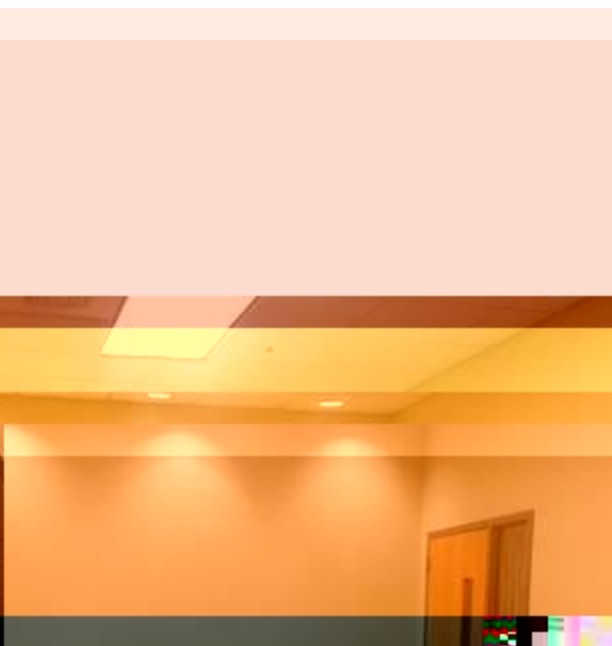
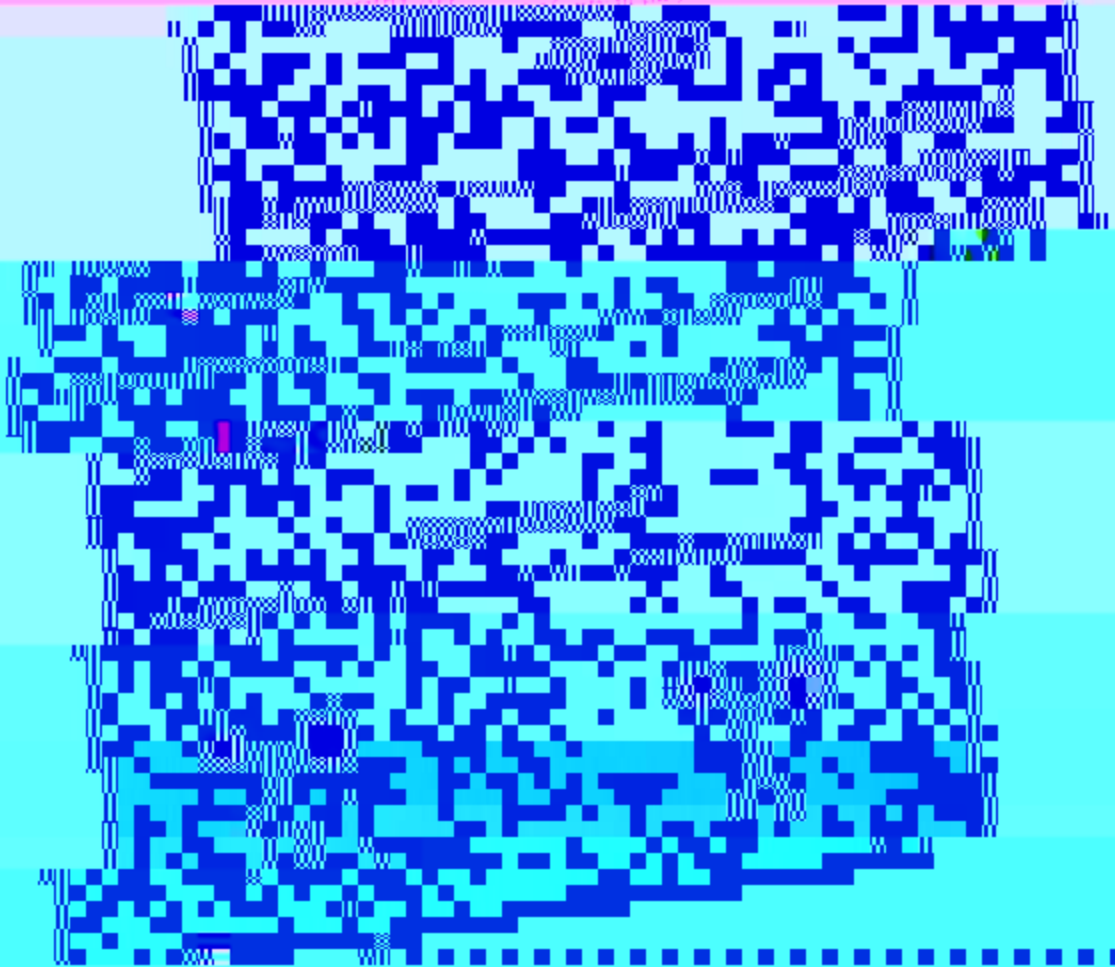




EXHIBIT EXPOSITION

Approach To Prevention of Fatigue, Overweight and  
Injury from the Alabama Black Belt





Πρώτες Μηνιαίες

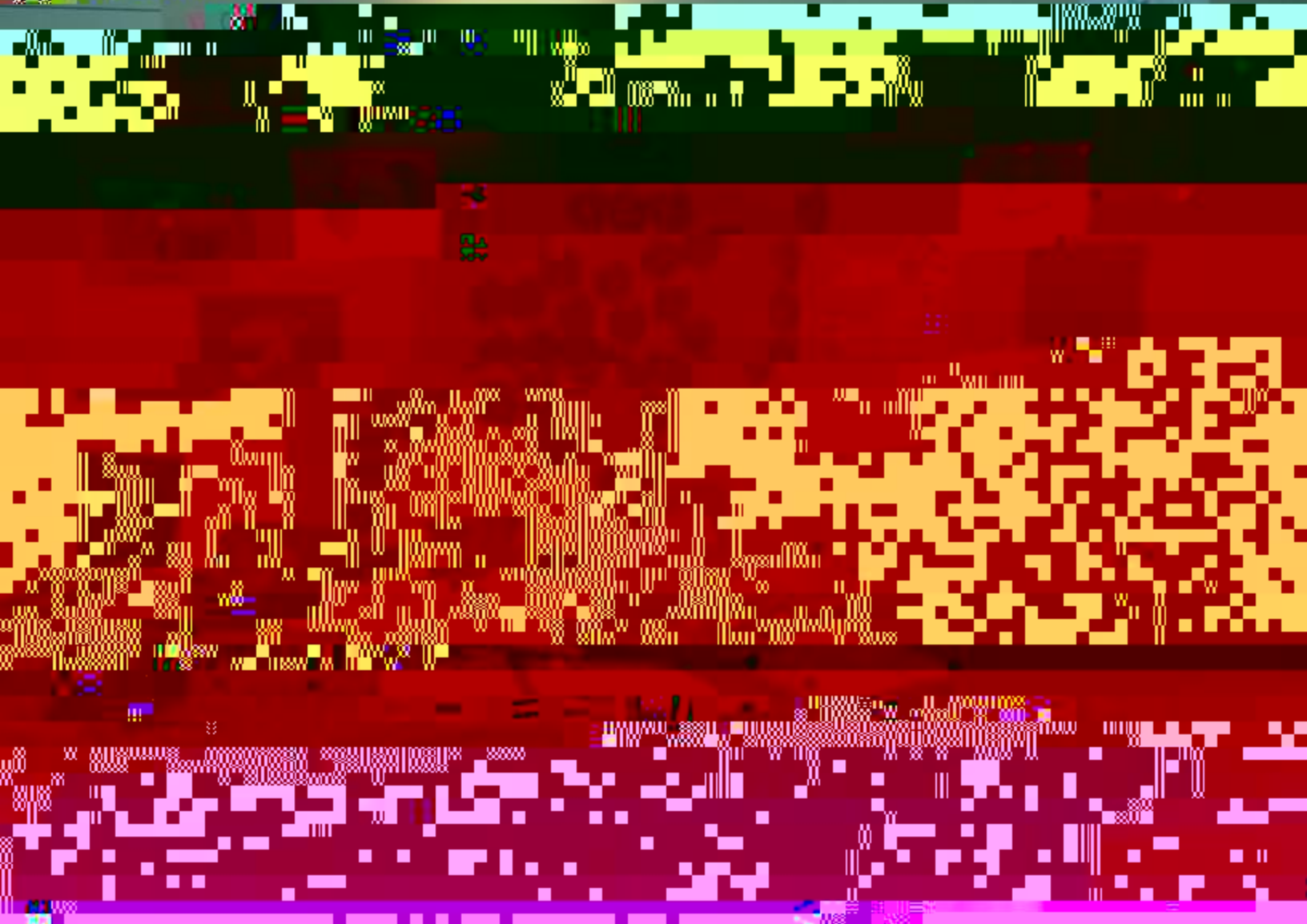
Εξέλιξη Exposition, Kellogg H&C Center





## Mixed Entry Displays

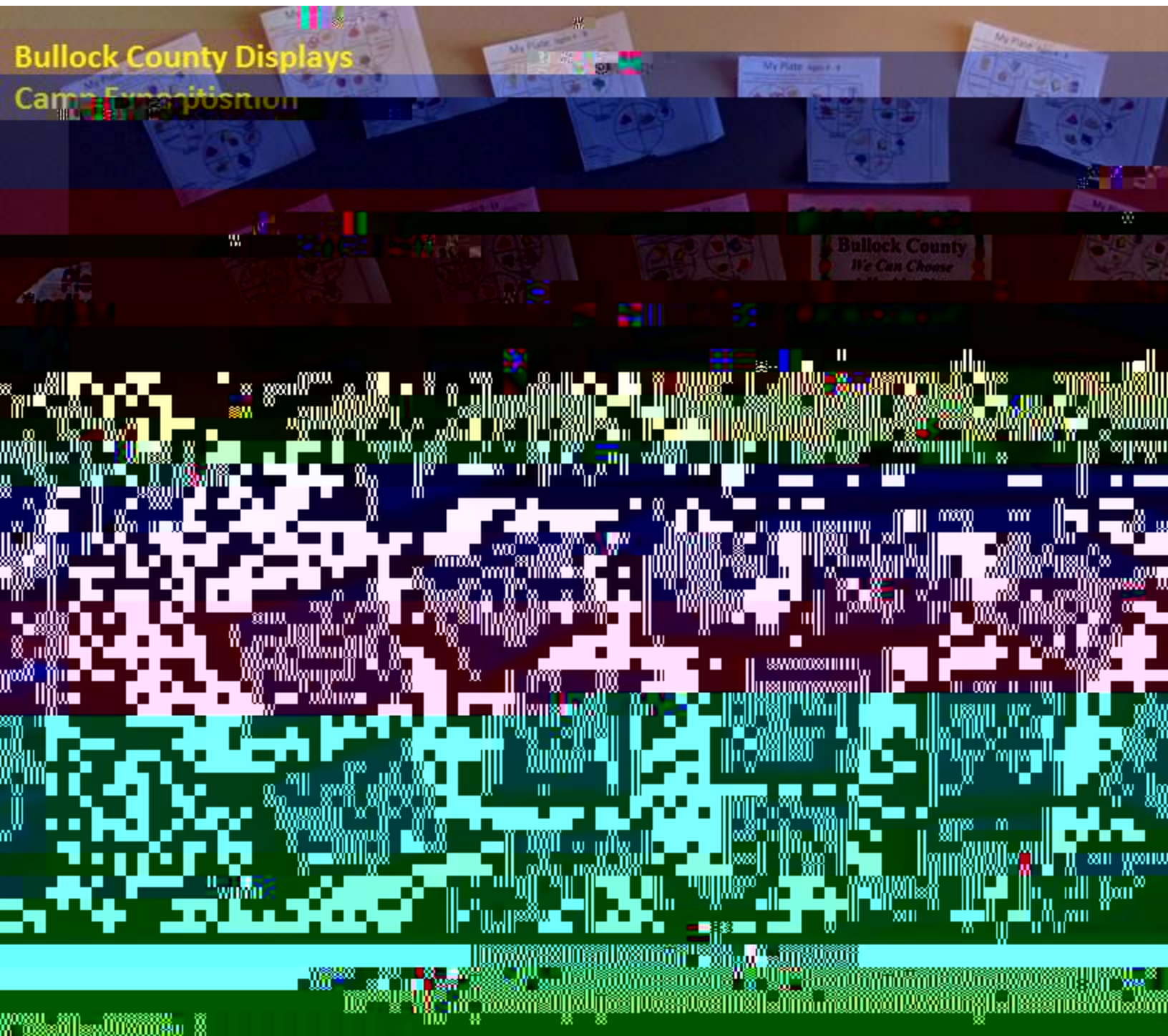
### Composition



Happy Feet Tango Summer Camp, 2016

*Integrative Approach to Prevention & Reduction of Childhood Obesity in Alabama's Black Belt*

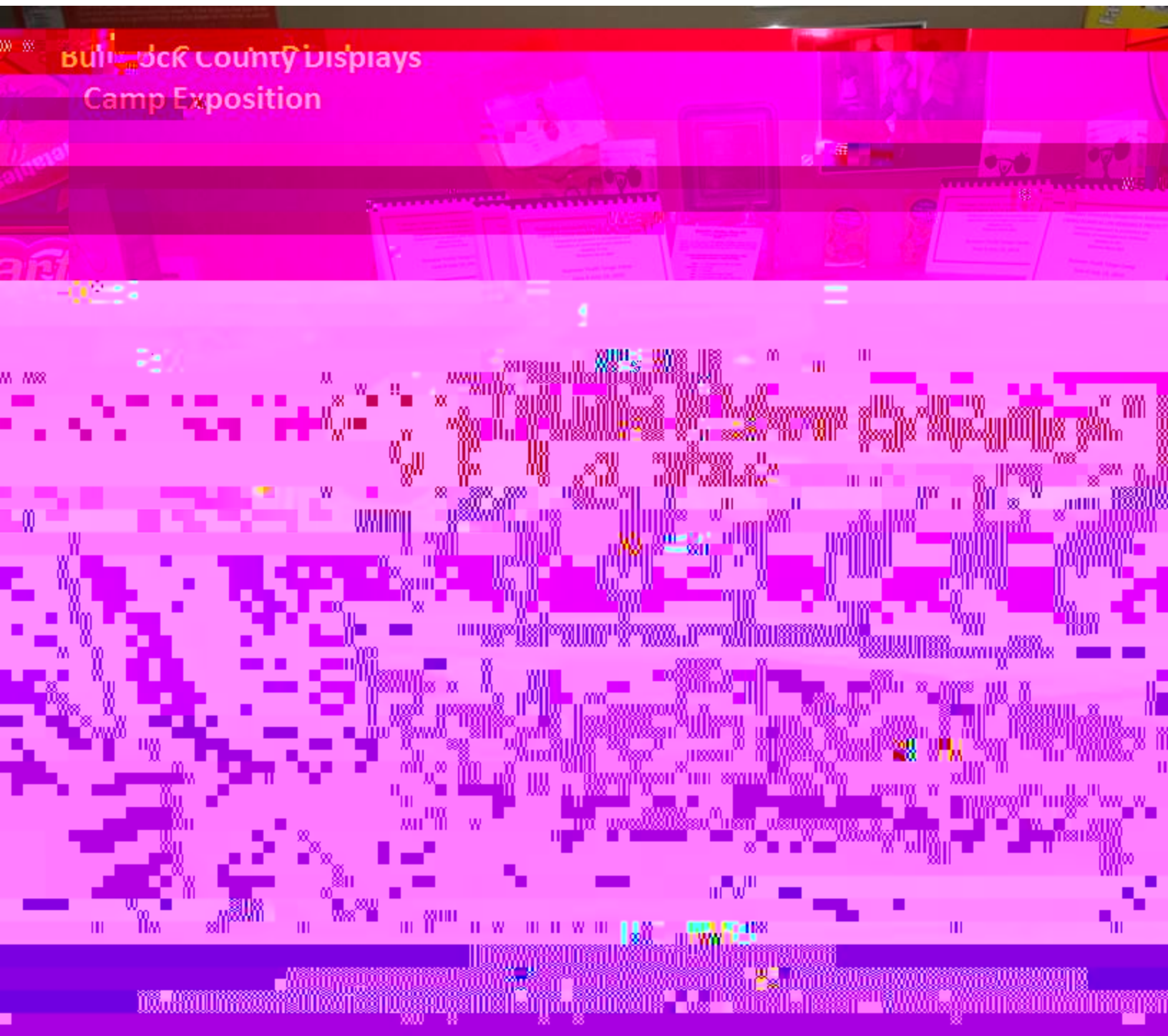
Allen, M. S. Research Project (2013-2016). Department of Food & Nutritional Sciences / Cooperative Extension Program, Tuskegee University

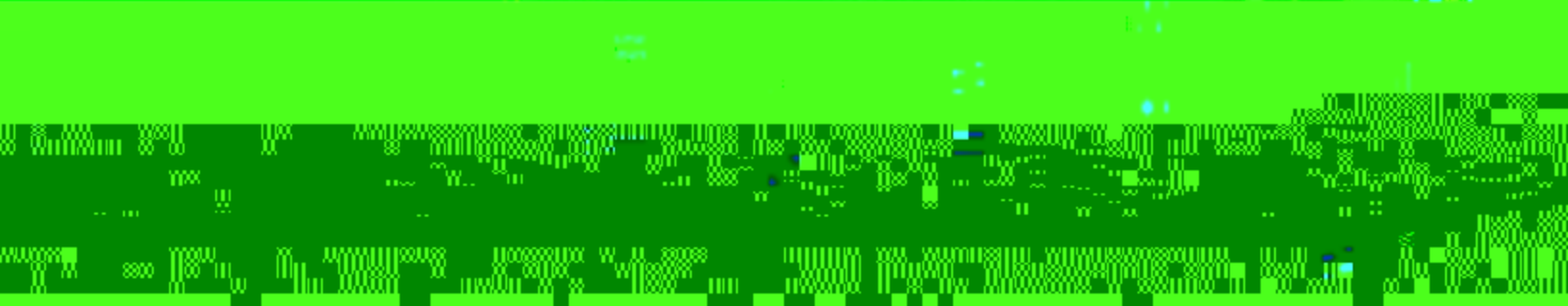
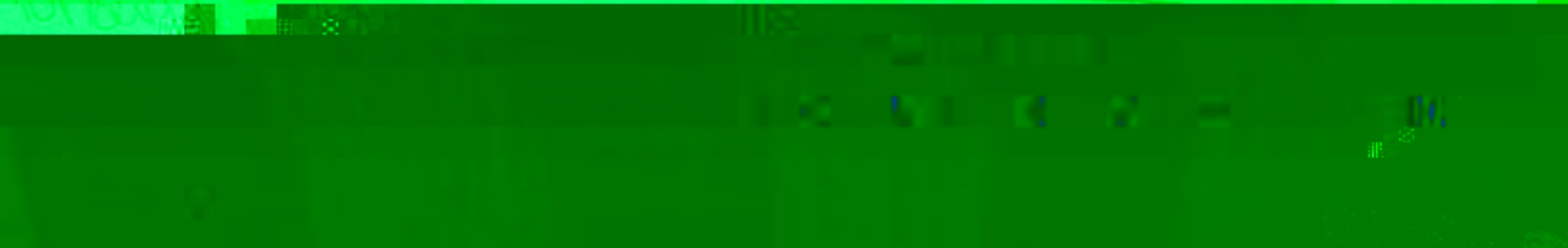
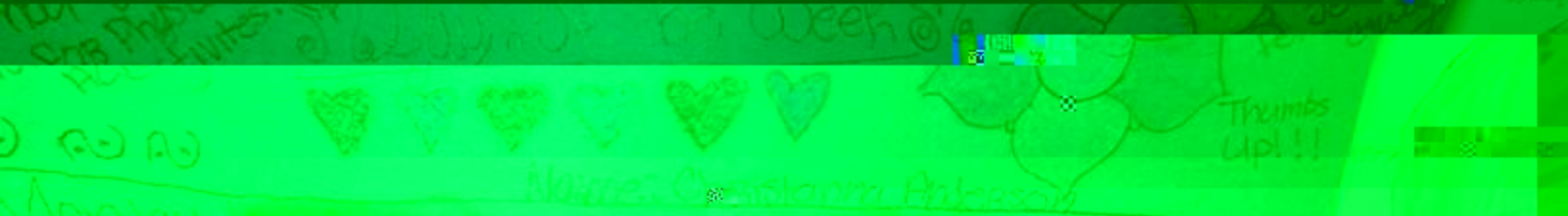


# Bullock County Displays Camp Competition

Bullock County  
We Can Choose

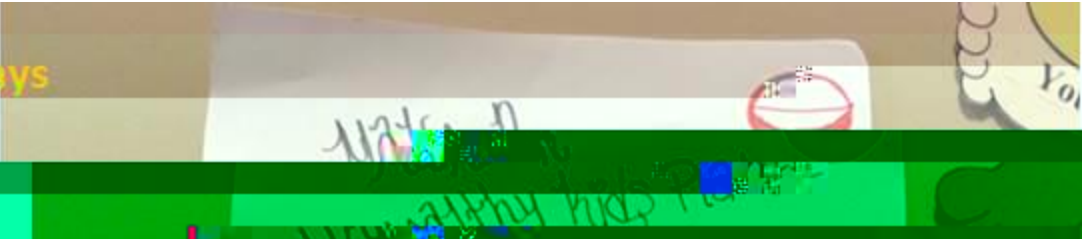
# Bull Rock County Displays Camp Exposition

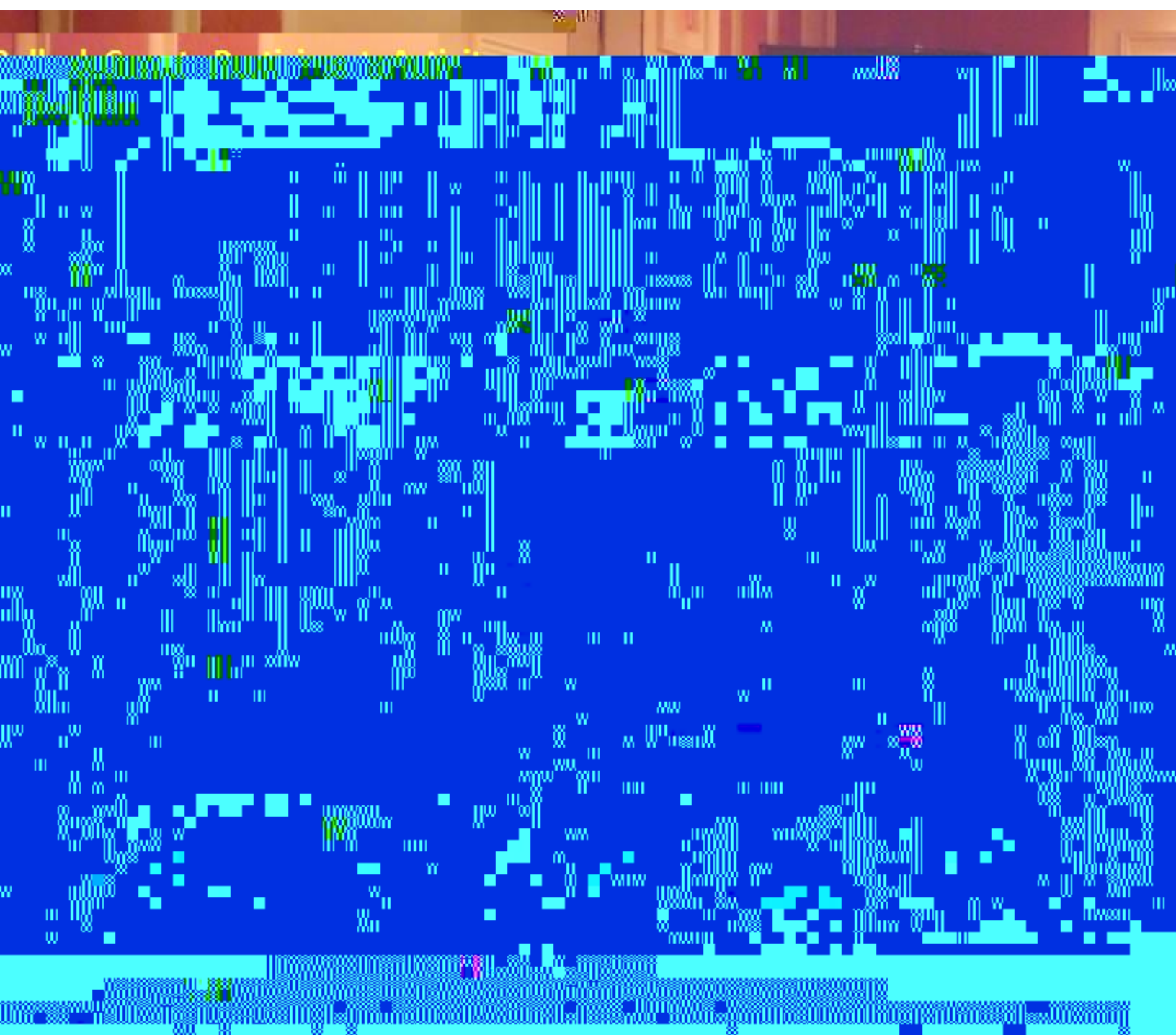




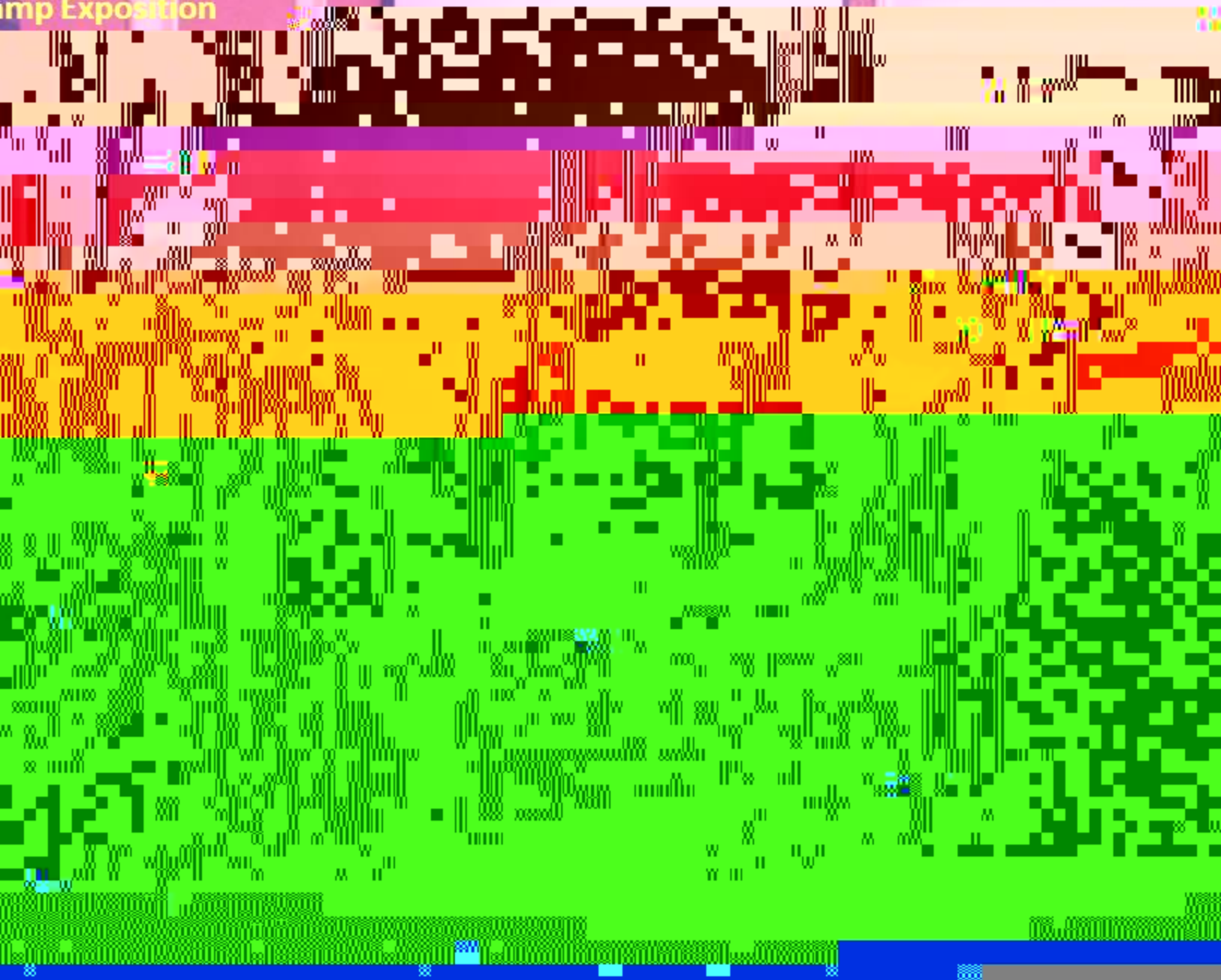


# Green County Displays Camp Exposition





# Con County Participants Activity Camp Exposition



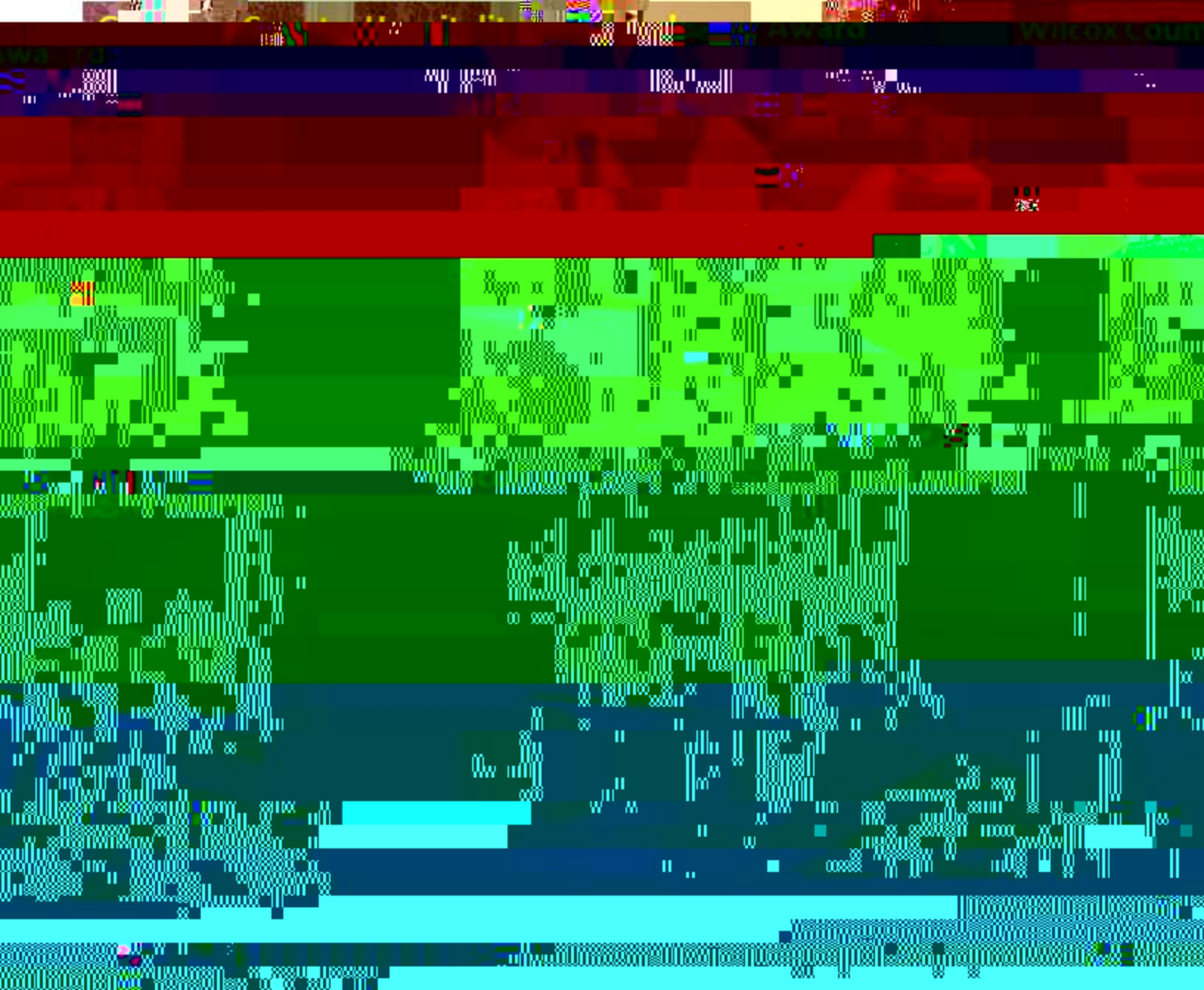
## Wilcox County Participants Activities

William H. Johnson



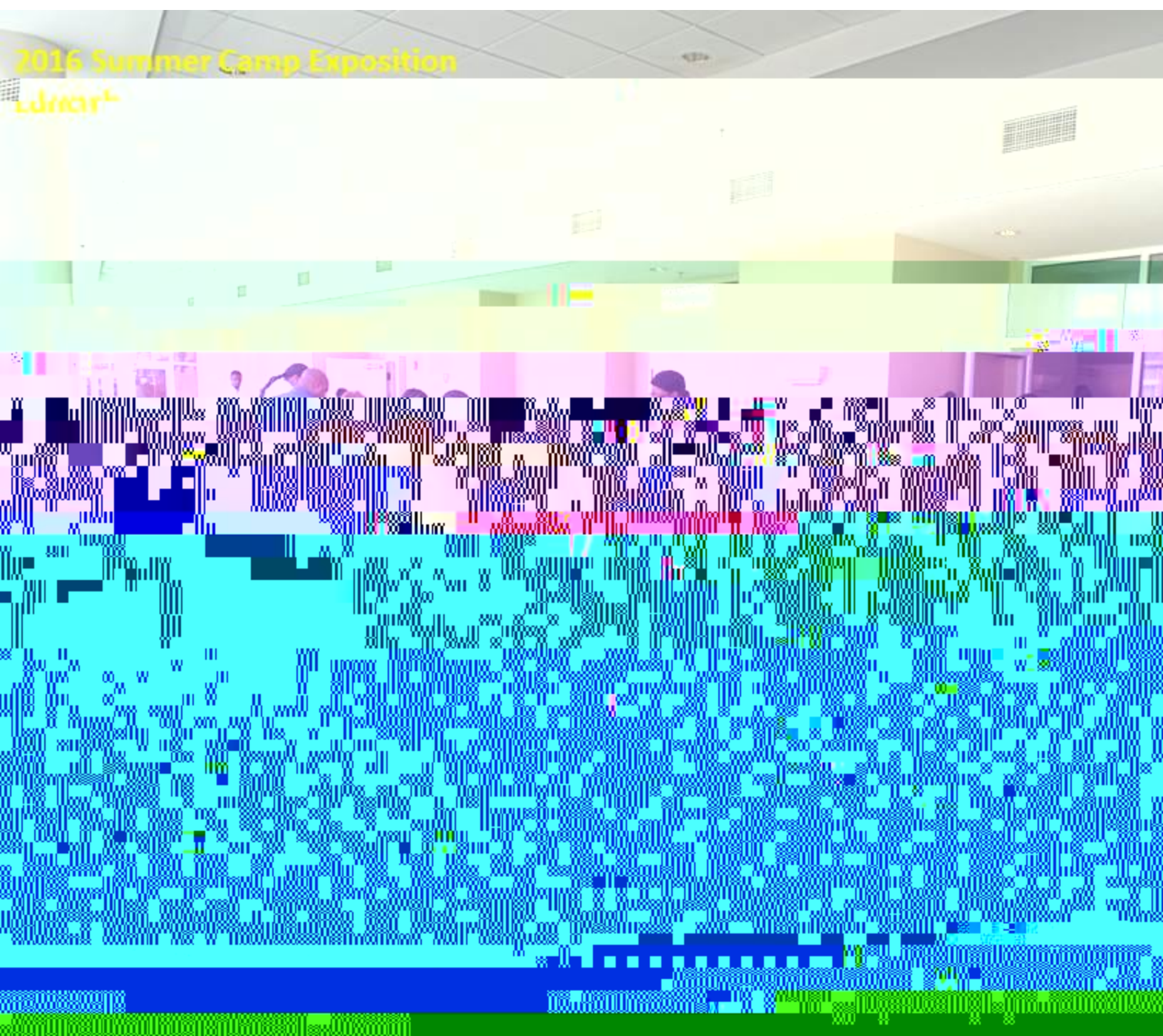


# Counties Recognition



# 2016 Summer Camp Exposition

Ldrcar<sup>®</sup>









Information is Power

Get Healthy

Stay Active

Let's get moving